Health and safety advice – Round reservoir route 20/04/2016

- Check the weather forecast before you set out.
- Paths are made up of varied and uneven surfaces and weather conditions may cause wet and slippery areas. Care should be taken at all times on the paths.
- Do not leave the designated walking route.
- Allow up to 6 hours to walk the full 12.5 mile route.
- Always follow safety and advisory signage around the reservoir.
- Let someone know when you left and what time you aim to be back.
- It is recommended that you carry a fully charged mobile phone.
- Beware of deep water, fast flowing gullies and streams.
- Beware of deep mud on the shoreline.
- The path is shared by walkers, cyclists and horses. Always be courteous to other users.
- Do not swim in the reservoir
- Do not go onto jetties or pontoon s without authority from Bewl Ranger or Boat operator.
- Suitable outdoor clothing, walking shoes or boots must be worn.
- Sufficient water and food should be carried on walks.
- Dogs must be kept under control at all times.
- Bloom algae can kill dogs if ingested. During an outbreak take note of temporary warning signage.
- Please clear up after your dog. Take all your litter home with you.
- Please allow up to 6 hours to walk the full 12.5 mile route.
- Follow the highway-code by walking on the right hand side of roads.
- Help others to see you by wearing or carrying something bright or fluorescent.
- Cyclists should always wear a helmet. Helmets can be hired/purchased from Bewl cycle shop.
- Cycles must be in good mechanical condition prior to cycling around the reservoir, carry a puncture repair kit and pump.
- Cyclists must not race, must keep speed down and cycles under control at all times
- Use a bell to alert walkers and horses at a safe distance
- Give walkers and horses a very wide, slow berth.
- Always cycle on the left hand side of roads.
- Give walkers and horses a very wide, slow berth.
- Always cycle on the left hand side of roads.
- Don't walk close to horses even if on a leading rein
- Don't shout or make sudden movements near horses and if approaching from behind let the rider know you are there.
- If you hear thunder, see lightning postpone activities. Lightning will strike as far as 10 miles (15kms) away from any rainfall
- You can contact the office on 01892 890 000 between the hours of 8am and 6pm.
- Call 999 or 112 in case of emergency.